

# RIVMED NEWSLETTER



## RivMed Chair's Message

Since special administration RivMed has grown strong, remaining true to its values and our vision to improve the health and wellbeing of all Aboriginal and Torres Strait Islander people. We have seen much success with improved workplace culture, significant funding achievements and a new cultural wellness healing centre for our community and members.

I would like to thank our Elders within the Aboriginality Group who have given their time voluntarily to support this essential service for our community in deciding Confirmation of Aboriginalities, each month the group have met and we have looked to their cultural knowledge for guidance. If you would like to join this group please reach out and you would be welcome.

Moreover, we see many identified roles being created and filled leading to a strong Aboriginal workforce that can provide critical support within our community. I want to take this opportunity to thank all staff who have shown commitment to our organisation and I look forward to seeing more roles created in the future.

As a Board we continue to work collaboratively, I want to thank our previous Chair Kenneth Neale who has taken a role with RivMed. In this new role I continue to listen and be open to new ideas for our organisation. I welcome all members input and feedback so we can improve our services, so please if you have any feedback please let us know.

Rory McKenzie



Great community turn out for RivMed's NAIDOC Celebrations!



## BIG RIVMED NEWS! \$250,000 GRANT RECEIVED

We are thrilled to announce that RivMed has been awarded a \$250,000 grant from the NSW Government and Aboriginal Affairs NSW to develop a 'Wellness Centre' as part of the Closing the Gap - Community and Place Grant Program.

This grant will allow us to convert an old storage shed into a much-needed community space where we can promote health and wellness for our people. The Wellness Centre will provide a safe and welcoming space for everyone to come together and participate in cultural activities, workshops, and programs that promote physical and mental wellbeing.





## FOR OUR ELDERS RIVMED NAIDOC

RivMed hosted our NAIDOC celebrations, attended by the Board, staff and community who celebrated our Elders and the knowledge they share within our families and kinship structures.



## NGAMA BU BALI COME TO RIVMED PLAYGROUP

If you have young children aged 0-5yrs, come along and join RivMed Playgroup. Every Tuesday (10am - 12pm) at Tolland Community Centre (41 Bruce St Wagga Wagga). Morning tea provided. Families will enjoy Aboriginal games, storytelling, arts and crafts, sensory activities + more!

FOR MORE INFORMATION CONTACT SALLY-JO ON 0498 549 476



## INAUGRAL MEN'S GROUP EVERY FRIDAY

Thank you to all of the brothers, uncles and fathers who joined our inaugural RivMed Men's Group. It was deadly to sit around the warm fire, yarning with you mob and discussing men's health and wellbeing.

FOR MORE INFORMATION CONTACT KJ ON 0439 067 986

### WOMEN'S GROUP COMING SOON...

Contact Melissa Johnson via (02) 6923 5200, if you're interested in joining.





## SPECIAL RIVMED VISIT WE WELCOMED THE UNIVERSITY OF CANBERRA

RivMed had the pleasure of hosting a visit to our Clinic with the team from the University of Canberra yesterday. We look forward to working together in the future to improve Health outcomes in our Community.

From left to right: LaToya Terry (Executive Assistant to the CEO), Nicole Kilby (Executive Officer), Jane Kearnes (Practice Manager), Professor Maree Meredith (Pro Vice-Chancellor), Tim Winkler (Strategic Advisor), Mary Atkinson (Respected Elder and Community Member) and Peta Larsen (CEO of RivMed)

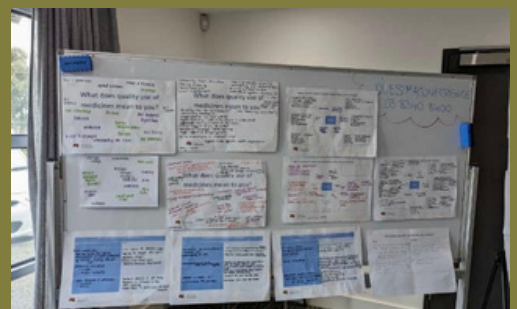


## RIVMED MAJOR SPONSOR WAGGA WAGGA ELDERS BALL

RivMed were the major sponsor of the 2023 Wagga Wagga Elders Ball. What an incredible night For Our Elders, celebrating Blak excellence and cultural pride. We were also honoured with an award, received by members of our amazing team (pictured left to right) Kenneth Neale, Aleathia Thompson, Rachael Fikkers, Natalie Smith and Marnie Lenehan.

### CULTURAL TOURS COMING SOON...

For more information, Contact Sally-Jo Pearce on 0498 549 476 (limited spots)



## MEDICINE FOR MOB RIVMED ENSURES REPRESENTATION

CEO Peta Larsen and Executive Assistant LaToya Terry represented RivMed in Melbourne for a workshop about medicines and our mob.

These workshops are contributing to the national conversation about quality use of Medicines. Thanks to NACCHO for the continuous support.





# RivMed Information Day

Come along and learn more about RivMed, our services and how we help mob in our communities.



**27 September 2023**  
**9am - 5pm**



**Wagga  
Marketplace**



**For more info contact Sally-Jo**



0498 549 476



<https://rivmed.org.au>



@RiverinaMedicalandDentalAboriginalCorporation





# JUNEE YOUTH AFTER SCHOOL ACTIVITIES

3:30pm - 4:30pm

**EVERY THURSDAY**

starting 3 August 2023

(only during school term)

**Junee Library**

29 Belmore Street

PO Box 93 Junee, NSW 2663



(02) 6923 5200



<https://rivmed.org.au>



@RiverinaMedicalandDentalAboriginalCorporation





# RIVMED PARENTING PROGRAM

1-2-3 Magic & Emotion Coaching  
2 to 12 years old

Want to promote positive behaviour with your child or children?

Did you want to try and manage difficult child behaviour?

Do you want to help your child's ability to manage their emotional reactions; and relationship-building?

If yes, join our RivMed Parenting Program.



**Thursdays**  
**10:30am - 11:30am**



**Ngurra Hub**



Call or text Sally-Jo for more information:

 0498 549 476  [rivmed.org.au](http://rivmed.org.au)